



Care Reviews

The law says that important decisions about you should not be taken without a review. Did you know that a placement can only be ended after first having a review meeting to discuss it (unless it is in an emergency or you have been placed for adoption)?

Here is a list of important things that government says your review should look at (they should all be covered in your care plan):

- Any changes in your life since your last review?
- Whether decisions from the last review been followed; and, what effect have these had
- Whether your legal status is right for you, or whether it should be changed
- Whether there is a plan in place to meet your long-term needs
- Whether contact with friends and family is what you want, and what you need
- Whether your placement is still meeting your needs or whether there is somewhere more appropriate
- How you are making progress in your education and whether any changes are needed
- What leisure activities you are involved in and like doing
- How your health is doing and what needs to be done to make sure you can stay healthy
- Any help you might need in knowing and understanding who you are (like identity and culture)
- What advice, support and assistance you might need
- If you're leaving care – what help you might need
- Have you been visited often enough by your social worker – do they listen to you?
- Whether decisions for you have been taken and acted upon quickly enough
- What your independent reviewing officer thinks about how you are being cared for
- Whether your care plan is best for you and for keeping you safe and you are happy with it
- Whether an independent visitor should be appointed (this is a person who can visit you, as a friend, if you do not have much contact with your family)

